



An Overview on Dental Problems in Children

Rahena Akhter*

Tooth Decay (Cavities)

Most young children aren't capable of brushing and flossing without supervision. Coupled with the exceptionally fact that a few kids might have a sugar-heavy diet, cavities can become a serious issue. Tooth decay is caused when sticky plaque gathers on the surface of the teeth. The acid inside the plaque basically eats away at the enamel, eventually wearing away at the tooth. Parents ought to supervise and help children brush their teeth until they can firmly grasp and control a toothbrush on their own ensuring your kids are removing plaque, bacteria, and food particles from their teeth a day will help prevent early tooth decay. In case a cavity does develop, the normal treatment could be a tooth filling, which includes drilling away the decay and filling the hole with an extreme composite material.

Tooth sensitivity

Sensitive teeth are frequently awkward and diverting, often disrupting your child's focus and routine. Tooth sensitivity in children is caused by several various factors, so bringing your child certain bi-annual checkups is crucial for diagnosing the underlying cause. A few of the distinctive things that can cause your child's teeth to feel sensitive include:

- Areas of decay (cavities)
- Newly erupted permanent teeth
- Acid erosion and enamel wear
- Teeth grinding (bruxism)
- A cracked or missing filling
- Orthodontic treatment

In the case of sensitive teeth, there's an assortment of medications that can offer assistance decrease the pain and discomfort that your child is encountering. If the sensitivity is caused by a dental-related problem, like a cavity, you should see your dentist right away to prevent the issue from becoming worse.

Dental emergencies

Dental emergencies can happen at virtually any time. Kids playing sports, roughhousing with kin, or falling whereas riding a bicycle are all scenarios in which a dental-related accident can happen. These accidents may result in teeth chipping, breaking, or splitting. In more severe circumstances, a permanent tooth may be knocked

out completely. If your child's permanent tooth does drop out, immediately call the dental specialist for an emergency appointment and retrieve the tooth. Place the tooth during a glass of milk, saline, or clean water. The dentist could also be ready to place the adult tooth back to the socket, allowing it to reattach with the assistance of a retainer. Although there's only such a lot a parent can do to avoid dental emergencies, a custom mouth guard may be a great choice to help prevent sports-related injuries. Inspect more tips to stay your child's smile safe.

Pediatric gingivitis and gum disease

You may have thought that gum disease may be a dental problem only seen in adults. Tragically for parents, this is often not the case. Gingivitis and gum disease can occur in children and are literally quite common in pediatric dental patients. Gingivitis is that the precursor to gum illness and it's frequently marked by red, swollen gums, and slight bleeding when your child brushes or flosses.

Gum disease is more aggressive in children with poor oral hygiene. It often involves pain within the mouth, gum recession, and areas of swelling. In most cases, gingivitis and gum disease could be avoided if more care was taken to brush and floss daily. In other instances, your child's teeth may develop in so crooked and crowded that they can't appropriately clean their teeth, resulting in zones of gingivitis or gum illness.

Orthodontic problems

Children seldom have perfectly straight teeth without any intervention. Fortunately, there are numerous orthodontic treatments accessible to assist your child or teen smile confidently. Orthodontic issues are frequently a result of genetics, with the assess and shape of the jaw playing a part in how your child's teeth develop and come together. Some common misalignment issues seen in children incorporate an overbite, underbite, open bite, and spacing problems. It's an honest thought to have your child in for their, to begin with orthodontic arrangement around the age of seven or eight. Orthodontic issues can be more than fair a warped smile. Significant overcrowding and misalignments of your child's teeth may result in jaw issues, split teeth, and verbal cleanliness issues.

Excessive thumb sucking

Many new-born children, toddlers, and small children resort to thumb-sucking and pacifier utilize as a implication to relieve anxiety. It doesn't truly become a problem until the child is older and still proceeds with this habit as delayed thumb sucking can cause issues with the way a child's teeth create. Since of this, parents ought to not permit the habit to proceed past the toddler stage. Most regularly, chronic thumb sucking and pacifier utilize can cause what is referred to as an open bite. An open bite is when the upper front teeth don't come along with the lower front teeth, leaving a gap even when the mouth is closed. This could make it troublesome for your child to bite and chew and can indeed impact their speech.

Dental anxiety and phobias

Let's face it; many adults are nervous when it comes to visiting the dentist. So it's no surprise that kids and teens are often scared of the

*Corresponding author: Rahena Akhter, School of Dentistry and Health Sciences, Charles Sturt University, Australia, E-mail: rahena22@gmail.com

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experience also. Dental anxiety can make it challenging to urge your child in for their routine dental check-ups and teeth cleanings. It also can stick with them into adulthood, influencing their dental health in significant ways. The best way to combat dental anxiety in children is to make the experience relaxed, fun, and enjoyable. Select a pediatric

dental specialist that has encounter working with anxious kids and includes a process in place to help them. Furthermore, educating your children the significance of dental care and making it a part of their schedule can offer assistance in reinforcing the idea that they shouldn't be frightened.

Author Affiliation

School of Dentistry and Health Sciences, Charles Sturt University, Australia