

# **Archives of Medical Biotechnology**

## **Opinion** Article

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# Biopharmaceuticals: The Role of Medical Biotechnology in Drug Development

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### Description

Biopharmaceuticals refer to a class of drugs that are produced using biotechnology techniques such as genetic engineering, recombinant DNA technology, and protein chemistry. These drugs have revolutionized the pharmaceutical industry and have led to the development of treatments for many diseases that were once thought to be untreatable.

Biopharmaceuticals are produced using living organisms such as bacteria, yeast, or mammalian cells. The manufacturing process is complex and involves multiple steps, including gene cloning, cell culture, fermentation, purification, and formulation. Unlike traditional chemical drugs, biopharmaceuticals are large, complex molecules that require specialized manufacturing facilities and expertise.

The role of medical biotechnology in drug development is significant, as biopharmaceuticals offer many advantages over traditional chemical drugs. For example, biopharmaceuticals are highly specific and can target disease-causing molecules with greater precision than chemical drugs. This specificity reduces the risk of side effects and increases the effectiveness of the treatment. Biopharmaceuticals are also less likely to cause allergic reactions, as they are produced using human or animal proteins that are already present in the body.

The use of biotechnology in drug development has led to the development of many important biopharmaceuticals. For example, insulin was the first biopharmaceutical to be approved for human use in 1982. Insulin is used to treat diabetes, a disease in which the body is unable to produce enough insulin to regulate blood sugar levels. Before the development of recombinant DNA technology, insulin was extracted from the pancreas of animals such as pigs and cows. This process was inefficient and led to a limited supply of insulin for human use. Recombinant DNA technology allowed for the production of large quantities of human insulin using bacteria or yeast, making insulin more widely available and affordable.

Another important biopharmaceutical is Erythropoietin (EPO), a hormone that stimulates the production of red blood cells. EPO is used to treat anemia, a condition in which the body does not produce enough red blood cells. Before the development of recombinant DNA technology, EPO was extracted from the urine of human donors. This process was time-consuming and led to a limited supply of EPO for human use. Recombinant DNA technology allowed for the production of large quantities of EPO using mammalian cells, making EPO more widely available and affordable.

Monoclonal Antibodies (mAbs) are another important class of biopharmaceuticals. mAbs are proteins that can recognize and bind to specific molecules in the body, such as cancer cells or inflammatory molecules. By targeting these molecules, mAbs can block their activity and prevent disease progression. mAbs have been used to treat a wide range of diseases, including cancer, autoimmune disorders, and infectious diseases. The development of mAbs has been made possible by advances in genetic engineering and protein chemistry.

The development of biopharmaceuticals is a complex and expensive process. It can take several years and hundreds of millions of dollars to develop a single drug. The process starts with the identification of a target molecule that is involved in a specific disease. Once the target molecule is identified, researchers use biotechnology techniques to develop a drug that can bind to the target molecule and block its activity.

The development process involves multiple stages of testing, including laboratory tests, animal studies, and clinical trials. Clinical trials are the most important stage of drug development, as they provide information about the safety and effectiveness of the drug in humans. Clinical trials involve multiple phases, with each phase involving a larger number of participants. Phase III trials typically involve thousands of participants and can take several years to complete.

### Conclusion

In conclusion, biopharmaceuticals have revolutionized the pharmaceutical industry and have led to the development of treatments for many diseases that were once thought to be untreatable. The use of biotechnology in drug development has allowed for the production of highly specific and effective drugs that target disease-causing molecules with greater precision than traditional chemical drugs. While the development of biopharmaceuticals is a complex and expensive process, the benefits they offer in terms of improved patient outcomes and reduced side effects make them an important area of research and development. As medical biotechnology continues to advance, it can expect to see even more innovative and effective biopharmaceuticals in the future.

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