

Breast cancer knowledge in nuns of belagavi city - An observational study

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Abstract

Background: Breast cancer is the most common cancer in women. Many risk factors are associated with cancer. Celibate life of nuns is an important cause for higher risk of breast cancer. Studies are lacking to assess their knowledge about breast cancer.

Objectives: To assess the level of knowledge and awareness regarding breast cancer in nuns.

Methods: The present study is an observational study, will be conducted on nuns of Belagavi city. Permission to conduct the study will be obtained from the authorities of the schools and churches. The purpose of the study will be explained and subjects will be screened for inclusion and exclusion criteria. Informed consent will be obtained from all. A questionnaire on knowledge regarding early detection and prevention of breast cancer will be given and data will be analyzed.

Results: The present study is an on- going study.

Conclusion: Awaited

Key words: Breast cancer, Nuns and Knowledge.

Biography

Varsha S Huddar has completed her Master of Physiotherapy (Orthopaedic Physiotherapy) from Kempegowda Institute of Physiotherapy, Bangalore, Karnataka. She is presently working as Lecturer KAHER Institute of Physiotherapy, Belagavi with 02 years of teaching and research experience. She has 7 years of clinical working experience. She has presented scientific papers in national and international platforms. She has been serving as nodal teacher and head of gender cell and an active member of an institutional research committee. Successfully completed Indian academy of fitness training course, course on Matrix rhythm therapy basic and advanced, PILATES, Orthopedic Manual Therapy, certificate course on research and biostatistics. She has conducted many breast and cervical cancer awareness camps in the community.



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