

## Can we Treat Urinary Tract Infections without Using Any Antibiotics?

Huang Wei Ling

Medical Acupuncture and Pain Management Clinic, Brazil



### Abstract

**Introduction:** Several studies point out urinary tract infections as a widely common pathology worldwide. In Traditional Chinese Medicine the physiopathology of the disease is Kidney Yin deficiency, Blood deficiency and Heat Retention.

**Purpose:** The purpose of this study is to demonstrate the possibility of treating urinary tract infections without using antibiotics.

**Methods:** The interpretation and analysis of recent articles regarding the treatment of urinary tract infections in Western Medicine, Traditional Chinese Medicine and Hippocratic Medicine. The description and analysis of two case-reports. The first from a 75-year-old and the second from a 45-year-old women both with symptoms of dysuria and diagnosed with urinary tract infection, with positive urine culture for bacteria.

**Results:** All patients presented improvement of the symptoms and urine cultures positive for bacteria before the treatment and negative after the treatment only with acupuncture, Chinese dietary counseling and apex ear bloodletting, not requiring antibiotics use in neither of the cases. Both patients presented complete improvement of urinary tract infections with one session of auricular acupuncture with apex ear bloodletting. The result for both cases appeared in a few days.

**Conclusion:** It is possible to treat urinary tract infections without using antibiotics, according to these two case reports. For this aim, it is important to treat the patient through an integral pathway, focusing the treatment in the energy disturbances, the underlying cause of the symptoms.

### Biography

Huang Wei Ling, born in Taiwan, raised and graduated in medicine in Brazil, Specialist in infectious and parasitic diseases, a General Practitioner and parenteral and enteral Medical Nutrition Therapist. Once in-charge of the Hospital Infection Control Service of the City of Franca's General Hospital, she was responsible for the control of all prescribed antimicrobial medication and received an award for the best paper presented at the Brazilian Hospital Infection Control Congress in 1998. Since 1997, she has been presenting her work worldwide, working with the approach and treatment of all diseases of all systems of the human body in a holistic way, with treatment guided through the teachings of traditional Chinese medicine and Hippocrates.



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