

Chinese medicine: A integrated way of healthcare

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Abstract

Traditional Chinese Medicine (TCM) is an ancient group of practices for treat one person, these practices are acupuncture, herbs formulations, cupping therapy, moxibustion, specifics diets, and corporal practices like Qi Gong, Tai Chi Chuan, meditation.

Actually, Chinese Medicine is not concentrated only in China, but in the entire world, some hospitals and clinics are specialized to get together the western medicine witch oriental medicine.

Many diseases can be treated with the TCM specialties, many times just acupuncture is sufficient, but in other times is need add one herbal formulation for example. Independent of the specialty selected, all cases are unique because in Chinese Medicine the cause of the problem is different for every people.

Biography

Bruno José Neves da Luz has completed his graduation of Phisycal Education at 2016 from University Federal of Pernambuco, Brazil. After that, he completely your post-graduation in Acupuncture in 2018. He is Tai Chi Chuan teacher and member of World Chen Tai Chi Chuan Association. He founded the clinic/school Cinco Pétalas© that actually works with Chinese Medicine.



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