



## ENDOLIFT Laser and Ultherapy® for the best face, neck and body non-surgical lifting

Roberto Dell'Avanzato

*Espace Chenot Health Wellness Spa - L'Albereta Relais & Chateaux - Italy*

### Abstract:

**Introduction:** We evaluate the results after 13 years of Endolift Laser technique for the “soft” rejuvenation of face, neck and body, using a very thin optical fibre connected to a 1470nm diode laser, combined in the last years with Ultherapy® which allows in a single session to lift the muscles and the skin.

**Methods:** We report our experience after more than 4000 areas treated with Endolift for the treatment of skin laxity of the face, neck and the body. A 200-300 micron fiber is used for the face and the neck; a 400-600 micron fiber is used for the body. The fiber is easily inserted, without incisions under the skin directly in the superficial hypo-derma. After Endolift, a Ultherapy® session is performed.

**Results:** The areas of skin laxity of the face, neck and body, can benefit from the possibility that the Endolift Laser has to retract the skin and remodel the derma, activate the collagen production, stimulate the neo-angiogenesis. Ultherapy® helps to obtain the maximum result possible working more deeply the middle and deep hypo-derma up to the muscular fascia, permitting to obtain an immediate and a longterm lifting.

**Conclusions:** Endolift laser combined with Ultherapy® is the the best non-surgical treatment for the areas of muscular and skin laxity of the face and the neck.



### Biography:

Roberto Dell'Avanzato is Specialist in Surgery with an University Master in Aesthetic Medicine and Surgery; Professor of Laser and Laser Assisted Liposuction, San Marino University (San Marino); University Diploma in Laparoscopic Surgery, Louis Pasteur University of Strasbourg (France); Honorary Member of the Israel Academy of Beauty; Honorary Member of the Italian Academy of Beauty; Certificate of excellence awarded from the Pakistan Medical Association, for humanitarian services rendered to the burnt and scarred victims of Pakistan; Certificate of Merit awarded from the Combined Military Hospital of Islamabad (Pakistan), for humanitarian services.

### Publication of speakers:

1. Roberto Dell'Avanzato, *Aesthetic Plast Surg.* 1994 Summer; 18(3): 259-64
2. Roberto Dell'Avanzato, *Eur. J. Aesth. Medicine and Dermatology.* 2013; 3(3): 86-90
3. Roberto Dell'Avanzato, *Plast Surg.* 2002; 26:335-339

World Cosmetology and Beauty Expo | March 19-20, 2020 | London, UK

**Citation:** Roberto Dell'Avanzato; ENDOLIFT Laser and Ultherapy® for the best face, neck and body non-surgical lifting; *Cosmetology* 2020; March 19-20, 2020 | London, UK