

Comparative study of the Etiologies, Prevalence, management of Indian vs. Western countries in adrenal insufficiency

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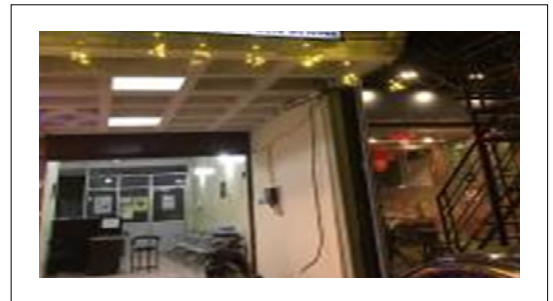


Abstract

The clinical presentation and etiologies of adrenal insufficiency may differ in India than in western countries. Adrenal insufficiency presents with a clinical presentation of chronic mineralocorticoid or glucocorticoid deficiency due to failure of adrenal cortex. Failures of adrenal cortex have different etiologies across different borders. India as a socioeconomic country still has developing nature so is the problem with diseases they are still developing, India still has a wide prevalence of various infectious diseases (bacterial or viral) and is also a common cause of adrenal insufficiency most common been (tuberculosis) on contrary to western countries autoimmunity still is the common cause of adrenal insufficiency. Adrenal insufficiency is a well-known life threatening condition. The 2 year mortality in primary adrenal insufficiency exceeds 80% and there is 2 fold increase in standardized mortality ratio due to cardiovascular or infectious diseases in patients with adrenal insufficiency. As there are no exact known risk factors patient education remains the main strategy for prevention of complications. We will do a comparative study on prevalence, etiologies, management in Indian subcontinent vs. western countries.

Biography

Consultant endocrinologist R&R hormone clinic India, He is the Editorial Board Member of Journal Of Endocrinology And Metabolism Research. He is the Editorial Board Member Of MSD Research Publications. Member of AACE, Member of RSSDI India Received Research Excellence Award in 2019. Received Indian Icon Award in 2020. Received Diabetes India Award in 2018. Received Shining Physician Award in 2019. Very eminent known physician as well as very good orator, has very good speaking abilities, with experience of over 10 years in national as well as international platforms.



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