



Dementia Knowledge Among Kuwait University Students: A Descriptive Study

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Abstract:

Background:

In regards to prevention and early intervention for dementia, knowledge of the population is a key factor. The aim of this study is to determine the level of understanding about dementia among students at all campuses at Kuwait University and so be able to better plan for future intervention.

Methods:

A cross-sectional study was conducted in order to examine the knowledge of dementia among Kuwait University students across different campuses. An Arabic version of the DKAS was cross culturally developed and used in this study. The comparison of the DKAS subscales and the dementia total score were obtained.

Results:

A total of 1350 students participated in this study. The results indicated that the students in different campuses had a significant difference in the dementia total score ($p = 0.000$) as well as a significant difference between all subscales of the DKAS. Total score of dementia knowledge among students in all campuses was a mean of 15.09 out of 25 and S.D of 3.05. The Causes and Characteristics subscale was ($p = 0.000$) with a mean of 4.22 out of 7. The Communication and Behavior subscale was ($p = 0.005$) with a mean of 2.88 out of 6. The Care Consid-



eration subscale was ($p = 0.019$) with a mean of 4.67 out of 6. The Risks and Health Promotion subscale was ($p = 0.000$) with a mean of 3.31 out of 6.

Conclusion:

The baseline knowledge of the students was moderate. Although there were differences in students' knowledge across all campuses, all students required improved knowledge of dementia. This will help us to implement more appropriate care and support.

Biography:

Fahad Manee has completed his PhD at the age of 36 years from Texas Woman's University majoring in Occupational Therapy. He is a Faculty of Allied Health Sciences in The Occupational Therapy Department at Kuwait University. He has published more than 7 papers in reputed peer review journals. He served as a chair of the Occupational Therapy Department.

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