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Diabetic Foot and its Complications: A Short Communication

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Short Communication

Diabetic foot is considered to be the severe causative infection which has the prolonged onset and response rate to the medication is very slow. In the initial stages of diabetic foot, the minor symptoms are like increased swelling of the foot, changing of the skin colour to black and patches will be formed, there by the complete discoloration comes. Post complications of the diabetes foot include numbness in the skin and toes. The final stage of diabetes has severe complications such as any injury caused to the feet will not be cured and the rate of response to the medication will be very slow.

Many of the patients will wonder on the treatment of this diabetic foot. Rather than the treatment many of the practitioners suggest to follow the strict guidelines to not enhance the activity,

- 1. Daily cleaning of the foot
- 2. Moisturize your feet but not between your toes.
- 3. Cut nails carefully.
- 4. Wear clean, dry socks.
- 5. Soaking your feet may raise your risk of foot problems.

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