

Elemental nutrition concepts

Aram A Akopyan

Yo San University of Traditional Chinese Medicine, USA



Abstract

The traditional Chinese Medical Five Element System is well known in many of the therapeutic and practical environments and has been used to aid in diagnosis, assessment and treatment of various pathologies by Acupuncturists as well as TCM doctors. The root assertions and theories of Elemental theory has now been validated by modern scientific methods to demonstrate the assertions, associations and assumptions of the Five Element Theory in relation to the human diet and nutrition. Elemental Nutrition is an implementation of practical methods and modalities of nutritional therapeutic programs based on the Five Element Theories by any physician, practitioner of Acupuncture and TCM.

Biography

Aram A Akopyan started his professional life in a very different yet similar field of Computer Systems and Cybernetics. After spending 16 years in the field, he obtained an additional Master's Degree in TCM and Acupuncture from the prestigious Los Angeles Yo San University of TCM with Highest Honors and proceeded to continue his Doctorate studies in Si Chuan Academy of TCM in Chengdu China, where he completed studies in Oncology and Rehabilitation medicine. After establishing a successful private practice in Los Angeles. He decided to further expand his medical knowledge and after additional 4 years of study obtains Medical Doctor (MD) Degree from Armenia Haybusak University of Medicine where is now works as a professor.



12th World Congress on Clinical Microbiology and Infectious Diseases | November 24, 2021

Citation: [Aram A Akopyan, Elemental nutrition concepts, Clinical Microbiology 2022, 12th World Congress on Clinical Microbiology and Infectious Diseases, November 24th,04.](#)