

## *Helping co-workers can reliability remains questionable: Study outcome of private pharmacy institute in Amravati University*

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### **Abstract**

Colleagues finish a task at work can be draining, even leading to poor performance. Helping your co-workers too often may lead to mental and emotional exhaustion and hurt your job performance; a new study has come out from less sunlight pharmacy Institutions in reputed Amravati university. The effects has especially strong for employees with high "pro-social motivation" or those who care deeply about the welfare of others, researchers from Amravati University seen. While a previous study on helping has focused largely on the effects of the beneficiaries, this has one of the first studies to focus on the helpers, they said. "Helping co-workers can be draining for the helpers, especially for employees who help a lot. Somewhat ironically, the draining effects of helping are worse for employees who have high pro-social motivation. When these folks are asked for help, they feel a strong obligation to provide help, which can be especially taxing.

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### **Biography:**

Dr. Rahul Hajare has been a hard worker all his academic life. After his Ph.D in Pharmacy from VMRF Salem which he completed with flying colours, he is fortunate to work NARI primer HIV research Institute to complete Post Doc under the of World Renowned Scientist Respected Dr. R.S. Paranjape., Retired Director & Scientist 'G' National AIDS Research Institute Pune. Dr. Rahul Hajare has Associate Professor of Pharmaceutical Medical Chemistry to Pune University (until 2020), he has serviced three times Associate Professor in Pharmaceutical Science and Analytical Science. Graduated from Amravati University in 2003, after an assignment he worked as an M.Pharm Scholar in the Institute of Pharmaceutical Education and Research passed with distinction, he has Post Graduate Teacher for Master of Pharmacy, he has more than 30 scientific and methodological works, 3 patents of scientific research. Dr. Rahul Hajare now Principal of Ishwar Deshmukh Institute of Pharmacy affiliated combined Amravati University and All India Council of Technical education New Delhi.