

## Herbal combinations working on your genes?

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### Abstract

We are in a new age, an age of scientific validation of herbs that have been used for centuries.

Combining ancient wisdom with science, it's called Nutrigenomics [the effects of nutritional substances on our genes].

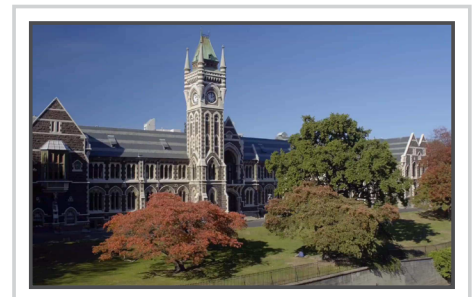
Our environment has changed, we are exposed to more and more toxins and our bodies are no longer equipped to cope with it hence the modern day medical issues of inflammation, auto immune disorders, stress and fatigue.

We need science based solutions with natural substances.

The great news is we now have genetic pathways mapped; we now have the ability to switch back on dormant genetic switches. We have the ability to get health from the cellular level up including making your own antioxidant enzymes in each cell!

### Biography

Gail Pearson is a traditionally trained medical specialist in anaesthesia and understands the human body intimately especially the physiological effects of pharmaceutical substances. She sees firsthand what happens when anything is introduced to the human body. Instrumental in the introduction of new pharmaceutical anaesthetic agents, seeing their niche quickly, it was no surprise when introduced to a natural product with peer reviewed scientific validation that she saw a paradigm shift in medicine – healing from the inside out instead of the traditional symptomatic treatment from the outside in. She now sees herself as an educator in a natural product to help everyone in lowering their oxidative stress and creating healthy cells.



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