

## How to build bridges between professionals to improve access to dermatology

Lydia Gauthie



Laval University / LOEX, Quebec, Canada

### Abstract:

Canada is the second-largest country in the world, with the most diagnoses of skin cancer, plus 30% of the population suffers from chronic facial erythema, and eczema statistics continue to rise.

Our biggest challenge: our shortage of dermatologists for the size of our territory and their exodus to aesthetic, rather than traditional practices. We can wait up to a year for a problem of the pathological type, but only two weeks for a Botox injection, for example.

Pharmacists are not well trained enough in topical galenics and are practically no longer preparing magistral formulae. Cosmeticians have been unable to work in therapeutic complement with their pharmacists and our estheticians (beauticians) are still considerably underestimated.

Which led me to teach chemists about cosmetics to make them want to know more about the skin and cosmetology; train pharmacists in topical galenics; develop a training program for estheticians; and take part in the creation of the first pharmacy training program for cosmeticians, because we urgently need to learn to work as a team, and my role is to build bridges between professions to improve access to dermatological care and treatment. And, as a European formulator, I help companies in creating products that respect the integrity of the skin, while fulfilling their expectations for their efficacy.



### Biography:

Lydia Gauthier is passionate about cosmetology, the skin and how it interacts with skincare and its external environment. In 8 years, she completed her bachelor's in medicinal and bioorganic chemistry, her first master's degree in pharmaceutical research in tissue engineering as part of a research team focused on psoriasis (LOEX), and a second master's degree in industrial cosmetology at IPIL in Lyon, France. She therefore achieved her goal of becoming a Dermocosmetologist (Dermopharmacist in France). Following her studies, she worked as a medical representative for La Roche-Posay, as a trusted advisor and trainer to dermatologists, pediatricians, doctors, and nurses. Then, she started her own training company and now works with pharmacists, too, as well as cosmeticians and estheticians.

### Speaker Publications:

1. "Managing Opioids, Including Misuse and Addiction, in Patients With Serious Illness in Ambulatory Palliative Care: A Qualitative Study". Journal Article Am J Hosp Palliat Care, 37 (7), pp. 507-513, 2020, ISSN: 1049-9091.

2. "Health Care Professionals' Reports of the Cancer Pain Cues Among Older People With Delirium: A Qualitative-Quantitative Content Analysis". published in Article J Pain Symptom Manage, 60 (1), pp. 28-36.e1, 2020, ISSN: 0885-3924.
3. "Access to palliative care for cancer patients between the diagnosis and death: a national cohort study". Journal of Article Clin Epidemiol, 11, pp. 443-455, 2019, ISSN: 1179-1349.
4. "Pain, aging, and dementia: Towards a biopsychosocial model". Article of Prog Neuropsychopharmacol Biol Psychiatry, 87 (Pt B), pp. 207-215, 2018, ISSN: 0278-5846.
5. "Trial designs for chemotherapy-induced peripheral neuropathy prevention: ACTION of recommendations". Article of Neurology, 2018, ISSN: 0028-3878.
6. "Age-Related Patterns in the Cancer Pain and Its Psychosocial Impact: Investigating the Role of the Variability in Physical and Mental Health Quality of Life". Journal of Article Pain
7. "Perspectives of Women Considering Bilateral Prophylactic Mastectomy and their Peers towards the Telephone-Based Peer Support Intervention". Journal of Article J Genet Couns, 27 (1), pp. 274-288, 2018, ISSN: 1059-7700.

[2<sup>nd</sup> International Conference on Dermatology, Pathology and Cosmetology](#), April 01-02, 2020 Webinar.

**Abstract Citation:**

Lydia Gauthier, How to build bridges between professionals to improve access to dermatology, Dermatology and Cosmetology 2020, 2<sup>nd</sup> International Conference on Dermatology, Pathology and Cosmetology; (Paris, France)Webinar, April 01-02, 2020.

(<https://dermatology.pathologyconferences.com/abstract/2020/how-to-build-bridges-between-professionals-to-improve-access-to-dermatology>)