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Opinion Article

Impact of Adverse Events on Patient Safety and Quality of Care

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Description

Adverse events refer to any undesirable experience or reaction associated with a medical product or intervention. They can be caused by medications, medical procedures, vaccines, and medical devices. Adverse events can range from mild, such as a headache or nausea, to severe, such as death or permanent disability. It is essential to monitor and report adverse events to ensure the safety and efficacy of medical products.

Adverse events can occur at any time during the use of medical products. They can occur during clinical trials, after the product has been approved and is on the market, or even after the product has been taken off the market. Adverse events can be caused by a variety of factors, including the patient's age, underlying medical conditions, genetic factors, and drug interactions.

It is important to monitor adverse events because they can provide valuable information about the safety and efficacy of medical products. The information gathered from adverse event reports can be used to improve the product's safety profile, inform regulatory decisions, and guide clinical practice.

Adverse event reporting is an essential component of pharmacovigilance, which is the science and activities related to the detection, assessment, understanding, and prevention of adverse effects or any other drug-related problems. Pharmacovigilance helps to identify new adverse events and monitor the safety of medical products already on the market.

The process of reporting adverse events involves several steps. Healthcare professionals, patients, and caregivers can report adverse events to regulatory agencies, such as the Food and Drug Administration (FDA) in the United States or the European Medicines Agency (EMA) in Europe. Adverse events can also be reported directly to the manufacturer of the medical product.

Reporting adverse events is voluntary in most countries, but it is mandatory for healthcare professionals in some countries, such as the United States. The process of reporting adverse events is straightforward and can be done online or by mail. Adverse event reports typically include information about the patient, the medical product, the adverse event, and any other relevant information.

Once an adverse event is reported, it is evaluated by regulatory agencies and manufacturers. The evaluation includes an assessment of the severity of the adverse event, the likelihood that the medical product caused the adverse event, and the potential risks and benefits of the medical product.

The regulatory agencies and manufacturers use the information gathered from adverse event reports to make regulatory decisions. For example, if a significant number of adverse events are reported, regulatory agencies may require additional warnings or precautions to be included in the product's labeling. In severe cases, regulatory agencies may remove the product from the market.

It is important to note that not all adverse events are caused by the medical product. Adverse events can be caused by underlying medical conditions, other medications or supplements, or lifestyle factors. It is also important to note that just because an adverse event is reported does not necessarily mean that the medical product caused the adverse event.

Despite the importance of reporting adverse events, underreporting is a significant problem. Healthcare professionals may not report adverse events because they do not recognize the event as being related to the medical product, they are too busy, or they do not have access to the necessary resources. Patients may not report adverse events because they are unaware of the reporting process, they do not recognize the event as being related to the medical product, or they are concerned about the consequences of reporting.

To address underreporting, regulatory agencies and manufacturers have implemented several initiatives to encourage reporting. These initiatives include educational programs for healthcare professionals and patients, simplified reporting procedures, and incentives for reporting.

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