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Implementing an early childhood developmental screening and surveillance program in primary care settings: Lessons learned from Enhancing Developmentally Oriented Primary Care (EDOPC)

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Abstract:

A project called Enhancing Developmentally Oriented Primary Care, with the goal of increasing the financing and delivery of preventive developmental services for children birth to age 3 years in the state of Illinois, provided training and technical assistance to primary care providers throughout the state of Illinois. Primary care providers have opportunities to screen and observe infants and toddlers and their caregivers more than any other professional, because they see them up to 13 times in the first 3 years of life for well-child visits. The project used a 1-hour, on-site training for primary care providers

and their entire office staff as the method of increasing knowledge. Training focused on intent to change practice and implement validated routine early childhood developmental screening, and early referrals to Early Intervention or other community resources. Although many primary care providers routinely use only developmental surveillance in their practices, clinical practice guidelines recommend routine use of standardized developmental screening, using validated developmental screening tools. This presentation will share lessons learned and recommendations based on clinical practice guidelines and experiences of the team members during implementation of the EDOPC project and others. Primary care providers are critical to this process because children with developmental disorders have the best long-term outcomes and opportunities for improved family functioning with early detection, diagnosis, and treatment.

Biography:

Patty Mack has been a nurse for over 30 years and in addition is a Licensed Marriage and Family Therapist and infant Mental Health Specialist. She is a Healthy Steps Specialist for the Advocate Children's Hospital –Park Ridge Pediatric Residency Program. She trained pediatric providers, residents and staff across Illinois in developmental screening and referral for over 10 years as part of the Enhancing Developmentally Oriented Primary Care project. She provides therapy for individuals and families at the Chrysallis Center for Individual and Family Development. Patty presents at state and national conferences on child and family developmental issues.

