

Is it Necessary to Isolate Patients with Acute Herpes Zoster?

Huang Wei Ling

Medical Acupuncture and Pain Management Clinic, Brazil



Abstract

Introduction: Herpes Zoster (HZ) is the virus that causes shingles or chickenpox, also characterized by painful skin rashes with blisters in a localized area. Western Medicine standard treatment recommends the isolation of patients with dissemination of the virus, with precautions to control airflow rooms and avoid the interaction of the patient with people not vaccinated for varicella. According to Traditional Chinese Medicine (TCM), HZ is caused by energy imbalances leading to Heat and Dampness.

Purpose: To demonstrate that herpes zoster has energy imbalances as a root, related to the deficiency of the chakras energy leading to formation of Heat and Dampness.

Methods: Two case reports. The first from a 70-year-old female and diabetic patient, with a condition of HZ on the back, with hyperemia, formation of small blisters and extreme burning pain. Chakras measurement was performed, and all chakras appeared in level 1 of 8. The second patient is a 36-year-old male, and was having recurrent crisis of HZ on the left armpit and on the left arm, with extreme pain. The measurement of the chakras showed extreme lack of energy on six of the seven chakras.

Results: Both patients were not isolated, because according to the author, the root of the problem would be an energy imbalance. With Chinese dietary counselling, auricular acupuncture and apex ear bloodletting, the patients presented great improvement, without the use of any antiviral medication.

Conclusion: The conclusion of this study is that herpes zoster has an internal imbalance as a root, originated to the deficiency of the chakras, leading to an immune deficiency, leading to Heat retention and retention of phlegm. With this kind of reasoning, there is no need of isolating patients, because it will not be contagious as it is related to the energy deficiency of the patient.

Biography

Huang Wei Ling, born in Taiwan, raised and graduated in medicine in Brazil, Specialist in infectious and parasitic diseases, a General Practitioner and parenteral and enteral Medical Nutrition Therapist. Once in-charge of the Hospital Infection Control Service of the City of Franca's General Hospital, she was responsible for the control of all prescribed antimicrobial medication and received an award for the best paper presented at the Brazilian Hospital Infection Control Congress in 1998. Since 1997, she has been presenting her work worldwide, working with the approach and treatment of all diseases of all systems of the human body in a holistic way, with treatment guided through the teachings of traditional Chinese medicine and Hippocrates.



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