



## Mesolift evidence based medicine & therapeutic protocols

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### Abstract:

#### INTRODUCTION

In Mesorejuvenation, it is expected to achieve excellent results by considering active substances in protocols which are scheduled, based on skin type, pathology, age, photo aging stage and lifestyle. Scientific evidence, clinical experience, patient's value & Expectations are the principles of EBM.

#### In Mesolift EBM can guide physicians to this concept:

##### WHAT IS SKIN SAYING?

Normal, Dryness, Roughness, Greasy, Acne, Scar, Dermatitis, Sensitive & Melisma. It may be needs evaluation by SLEB, Skin Analyser, Dermatoscope.

Firstly, prepare the skin; treat pathology, hydration, and then plan sessions of Mesorejuvenation

**Methods:** Review Articles, Professional Aesthetic Practice by EBM.

**Result:** ELSA Proposes therapeutic protocols according evidence based medicine are classified by Skin type & Pathology with explanations of treatment, Supplement, Lab Test, Mesotherapy & Combination therapy.

**Autologous cell Therapy:** Treatment of the dermis with cultured autologous fibroblasts can restore the population of fibroblasts that are reduced as a result of photo damage, aging, and scarring.

**Conclusion:** Enough HA concentration, Hydration & Skin Balancing are the key roles in effective Mesorejuvenation, also essential for fibroblasts activation & activity in cell therapy.

### Biography:

Betty Ekawati Suryaningsih born 11th July 1966 in Yogyakarta and earned doctorate degree at Gadjah Mada University in 2018. She earned dermatologist title at Gadjah Mada University in 2003. She is founder and Dermatol-



ogist at BeQueen Skin Care Center (2010-present); Dermatologist at Jogja International Hospital (2007- present) and lecturer at Indonesia Islamic University (2004 - present)

### Publication of speakers:

1. Elham et.al, Journal of Cosmetology & Trichology ISSN: 2471-9323, Vol: 4, 2018
2. Elham et.al, Journal of Clinical & Experimental Dermatology Research ISSN: 2155-9554 | Vol: 11, 2020

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