

## Nasal Tip and Breathing

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### Abstract

Nowadays, talking about aesthetic rhinoplasty without considering nasal function is unacceptable. Aesthetics, as well as functional parameters, adapted to the world globalization and racial diversity boosted a more versatile and actual beauty concepts.

This presentation sustains why is so important to have in mind the principles of nasal airflow, related to the underlying conditions of the nasal structures, and laws of Physics applied to nasal flow and aesthetics.

Understanding our patients in these perspectives, surely will lead us to more specific and adequate surgical procedures with better results.

The nasal tip, as a complex suspended and mobile structure has a specific dynamic that should be considered while treating this subject.

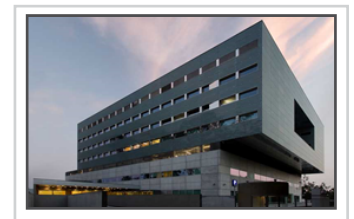
Our challenge as surgeons is to treat a huge diversity of noses adapting and improving our technical skills for the best result. The concepts will be explained and some cases will be presented.

### Biography

Lidia Guimarães MD, Speciality: Otolaryngology, Head and Neck Surgery. Differentiation Fields: Rhinoplasty, Head of Function and Aesthetics of the Nose Department, Department of ENT, Head and Neck Surgery, Cuf Hospital – Porto, Portugal Private Practise, Regular attendee and speaker of National and International Conferences around the world. Portuguese Medical Association

Portuguese Society of Otolaryngology, Head and Neck Surgery (SPORL) Portuguese Sleep Association Spanish Society of ENT (SEORL)

American Academy of Otolaryngology, Head and Neck Surgery (AAO – HNS) European Academy of Facial Plastic Surgery (EAFPS)



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