

# **Journal of Nursing & Patient Care**

## Editorial

# Nursing and Patient Care

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### Editorial

Journal of Nursing & Patient Care is a peer-reviewed scholarly journal that aims to publish the most complete and reliable source of information on the discoveries and current developments in the mode of original articles, review articles, case reports, short communications, etc. in all areas of nursing and health care. Successfully releasing its issues. The issues are released bi-annual.

Nursing is a profession within the health care sector focused on the care of individuals, families, and communities promoting health or to recover optimal health and quality of life. Nursing is the protection, promotion, and optimization of health and abilities, prevention of illness and injury, alleviation of suffering through the diagnosis and treatment of human response, and advocacy in the care of individuals, families, communities, and populations. Nurses usually work within a multidisciplinary team but are the main point of contact for patients, often providing the most continuity of care. They will have contact with the patients families, particularly in cases of chronic illness where the patient may be returning regularly for treatment. Nursing care is for people who need a qualified nursing care team available to them 24 hours a day. A nursing care plan outlines the nursing care to be provided to an individual, family, community. The nursing care plan consists of a nursing diagnosis with defining characteristics, related factors or risk factors, expected outcomes or goals, and nursing interventions. Nurses care for individuals of all ages and cultural backgrounds who are healthy and ill in a holistic manner based on the individuals physical, emotional, psychological, intellectual, social, and spiritual needs. Family nursing is "The practical science of preventative and remedial support to the family in order to help the family system unit independently and autonomously maintain and improve its family functions. Family nursing is directed to improving the potential health of a family or any of its members by assessing individual and family health needs and strengths, by identifying problems influencing the health care of the family as a whole and those influencing the individual members, by using family resources, by teaching and counseling, and by evaluating progress toward stated goals. Patient care comprises of health promotion, disease prevention, diagnostics, therapeutic and rehabilitative care, recovery and palliative care. Critical Nursing care includes patients who requires urgent surgery, as well as those with life-threatening bleeding. After transfering to ICU patients develop complications during his ICU stay include mild disseminated intravascular coagulation and acute hepatic necrosis

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caused by acetaminophen treatment. Despite active mobilization, a degree of ICU-acquired weakness has developed. Critical care study develop Strategies for the management of increased intracranial pressure generally involve a stepwise approach, starting with mechanical ventilation to ensure normocapnia, sedation, and Secondline measures include therapy with metabolic suppression. Midwifery encompasses care of women during pregnancy, labour, and the postpartum period, as well as care of the newborn. The midwife is the professional in obstetrics. They are educated and trained to recognize the variations of normal progress of labor and deal with deviations from normal to discern and intervene in high risk situations. Midwives refer women to specialists such as obstetricians or perinatologists in complications related to pregnancy and birth when a pregnant woman requires care beyond the midwives scope of practice. In many parts of the world, these professions work in tandem to provide care to childbearing women. In others, only the midwife is available to provide care. Midwives are trained to handle certain more difficult deliveries, including breech births, twin births and births where the baby is in a posterior position, using non-invasive techniques. Paediatric Nursing is the branch of nursing concerned with the care of infants and children. Pediatric nursing requires knowledge of normal psychomotor, psychosocial, and cognitive growth and development, as well as of the health problems and needs of people in this age group. Preventive care and anticipatory guidance are integral to the practice of pediatric nursing.

The article titled "Application of the Nursing Process, a study from the Students' Experience" is published in archives of nursing and patient care in volume 2 issue 1 describes The Nursing Attention Process is a method of caregiving that employs scientific fundaments. Its use promotes reflexive assistance, critical thinking and is a primary source of autonomy in the profession, it is also linked to professional development in the education context. Nevertheless, there isn't enough evidence in Costa Rica to establish the characteristics of its application. Thus, a phenomenological qualitative study was conducted which proposed 1. To determine the meaning given by nursing students at the University of Costa Rica to the method's application. 2. To distinguish the manner in which it was being used. To do this, documents and interviews of a sample of 5th year nursing students were analysed. The results show that the way the method was conducted differed between participants and the meaning given to its use was related to three categories: knowledge, experience and teaching. In this study the meaning given to the implementation experiences and the way to use it as well as the difficulties with its use were understood. However, to understand the phenomenon in depth in Costa Rica, it is considered essential to continue with the exploration of the subject.

Nursing and Patient Care is welcoming high quality, unpublished, work within the above mentioned framework, while aspires to play a key role in shaping research and development in the field of nursing and patient care and quickly be acknowledged by readers, achieving a high visibility for its articles.

