

## Obesity Fitness Expo 2017: P-DTR and rehabilitation- Jose Palomar Lever- P-DTR Global, Switzerland

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P-DTR is a neurological, reflexogenic real-time manual therapy that balances sensory-motor homeostasis. The purpose of P-DTR treatment is to restore an optimal reflexive activity of the central nervous system to any kind of stimulus. The P-DTR method provides the tools to assess, diagnose and treat dysfunctional receptors and instantly restore the afferent information flow. Will explain in brief, how functional neurology works for patients with traumatic injuries, postural dysfunctions and chronic pain. Basic concepts of how the brain receives information from different specific receptors. Why aberrant information changes the response of the brain, creating pain, limitations and a restricted range of motion. With a small manual intervention we can change the response of the nervous system and get fast results. Findings: The theoretical core of the method is the pairing of dysfunctional afferent signals. The excessive afferent information, which arrives to the CNS from the paired receptor fields and the quantitative change of the information flow from one field, inevitably leads directly to the change of the information flow from another field. In other words, any stimulus to the CNS from a dysfunctional receptor will be compensated.

The results observed by myself and my fellow PDTR practitioners are truly incredible and show that the limits of what PDTR can be used to help are endless. The main objective of P-DTR treatment is to restore the optimal stimulating activity of the nervous system to the stimulus. This includes his motor and gland response, which would not cause any symptoms of pain or discomfort perceived by the client, an optimal range of motion and an appropriate and precise adaptation to the conditions of the external environment. In other words, neurological health is restored this way.

The nervous system is the body's control center, and since PDTR is a modality that works with the nervous system, it has the power to work with a large number of symptoms that can come from sensitive receptors in your nervous system.

Unique to PDTR as a therapy, it involves understanding the role that sensory nerve endings ("receptors") play in the function and processes of the central nervous system. The PDTR uses receptors to understand, assess and treat all kinds of dysfunctions, pains and symptoms experienced by humans.

**PDTR IS A NEUROLOGICAL AND REFLEXOGENIC SYSTEM THAT EFFECTIVELY TREATS A WIDE RANGE OF FUNCTIONAL PROBLEMS AND RESOLVES MUSCULOSKETAL, GASTROINTESTINAL, HORMONAL, CHEMICAL AND EMOTIONAL DYSFUNCTIONS.**

The main objective of PDTR treatment is to restore the optimal activity of the nervous system to a stimulus. In other words, neurological health is restored.

PDTR is a very gentle, non-invasive and painless method based on the manual, real-time effect of particular sensory receptors on the human body. Dr. Palomar created a unique system of neurological challenges and discovered predictable "rules" that show how the central nervous system responds to the stimulus.