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# Optic Neuritis Causes, Symptoms and Risk Factors

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### **Abstract**

Optic neuritis occurs when swelling (inflammation) damages the optic nerve all nerve fibers that transmits visual information from your eye to your brain. Common symptoms of optic neuritis include pain with eye movement and temporary vision loss in one eye.

#### Introduction

Signs and symptoms of optic redness is the primary indication of MS (MS), or they will occur later within the course of MS. MS may be a malady that causes inflammation and injury to nerves in your brain additionally because the cranial nerve.

Besides MS, cranial nerve inflammation will occur with alternative conditions, together with infections or immune diseases, like lupus. Rarely, another malady known as neuromyelitis optic causes inflammation of the cranial nerve and neural structure.

Most people UN agency have one episode of optic redness eventually recover their vision while not treatment, generally steroid medications could speed the recovery of vision once optic redness.

### **Causes**

The exact explanation for optic redness is unknown. It's believed to develop once the system erroneously targets the substance covering your cranial nerve, leading to inflammation and injury to the myeline. Normally, the myeline helps electrical impulses travel quickly from the attention to the brain, wherever they are reborn into visual data. Optic redness disrupts this method, poignant vision.

#### **Symptoms**

Optic redness typically affects one eye. Symptoms may include:

- Pain. most of the people UN agency develop optic redness have eye pain that is worsened by eye movement. generally, the pain looks like an uninteresting ache behind the attention.
- Vision loss in one eye. most of the people have a minimum of some temporary reduction in vision, however the extent of loss varies. Noticeable vision loss typically develops over hours or days and improves over many weeks to months. Vision loss is permanent in some individuals.
- Visual field loss. facet vision loss will occur in any pattern, like sight loss or vision loss.
- Loss of vision. Optic redness typically affects color perception. you would possibly notice that colors seem less vivid than traditional.
- Flashing lights. Some individuals with optic redness report seeing flashing or flicker lights with eye movements.

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## **Risk Factors**

Risk factors for developing optic redness include:

Age: Optic redness most frequently affects adults ages twenty to forty.

Sex: ladies' area unit rather more seemingly to develop optic redness than men area unit.

Race: Optic redness happens a lot of typically in White people.

Genetic mutations: sure genetic mutations may increase your risk of developing optic redness or MS.

Complications.

# Ocular Complications arising from optic redness could include:

Symptoms if the patient has them are: "flashes of sunshine," distortion" or loss of vision, and floating objects (floaters) within the vision. more odd displays of anterior choroidal and iridociliary skin cancer square measure discoloration of the iris, a brown spot on the surface of the attention, associate on an irregular basis formed pupil and eye disease.

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