



## Primary covid-19 prevention with homeopathic and herbal remedies depending from time study of covid-19 pandemic

**Shatrov Sergey**

Medical clinic "Iris", Russia

### Abstract

A coronavirus disease (covid-19) started at last part of 2018 year rapidly become the pandemic at world, this review describes approaches for primary and secondary prevention of disease with herbs and homeopathic remedies that was used at more than two hundred patients. Approaches for prophylactic measures and treatment depended from pandemic situation that was changed during 2020 and first quarter of 2021 year and was based as at whole picture of covid-19 (genius epidemicus) as at individual symptoms. All patients that used primary prophylactic measures had not or had light covid-19 symptoms (depending on time of pandemic – at autumn 2020 primary prevention was completely changed after different covid-19 pandemic picture because old measures don't prevent contamination but only make disease symptoms milder). All hospitalized patients with advanced covid-19 picture that was treated remotely along official treatment was cured. At one case when prophylactic remedies was not given (lockdown and far location from Moscow) 12 years old patient had aggravation from covid – 19 as diabetes mellows.

### Biography

Shatrov Sergey is a Graduate Tomsk Medical Institute as therapeutic doctor at 1987 Graduate Cardiologist internship at Novokuznetsk State Institute for Advanced Training of Doctors at 1988 (USSR) Specialization at epidemiology at Moscow (1989-1992) <https://gnicpm.ru/> Worked as cardiologist and epidemiologist of epidemiology of noncommunicable diseases, from 1988 till 2005 at Tomsk Scientific research institute cardiology At 2001-2003 years studied homeopathy at USA – remotely under personal tutorial of US naturopathic and homeopathic doctor

### Publication of speakers

- Shatrov Sergey et al ; Multipose binding in molecular docking, 2014 Feb 14
- Shatrov Sergey et al ; Resistance to retinopathy development in obese, diabetic and hypertensive ZSF1 rats: an exciting model to identify protective genes, 2018 Aug 9
- Shatrov Sergey et al ; Docking glycosaminoglycans to proteins: analysis of solvent inclusion, 2011 May 25

**Citation:** Shatrov Sergey; Tomsk Medical Institute as therapeutic doctor; Alternative Medicine 2021; May 17-18; Osaka, Japan.