# **Opinion** Article

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# Pyrrole-Modified Liposomes for Improved Drug Stability and Bioavailability

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## Description

Liposomes have emerged as versatile drug delivery systems due to their biocompatibility, encapsulation efficiency, and ability to carry a wide range of therapeutic agents. However, challenges remain in terms of drug stability and bioavailability. To overcome these limitations, researchers have turned to pyrrole modification of liposomes, a capable strategy that offers enhanced stability and improved drug delivery. Pyrrole, a heterocyclic aromatic compound, possesses unique physicochemical properties that can be harnessed to enhance liposomal drug formulations.

#### Pyrrole modification of liposomes

Pyrrole modification involves the incorporation of pyrrole derivatives into the liposomal bilayer or the surface of liposomes. This modification can be achieved through various techniques such as covalent attachment, self-assembly, or electrostatic interactions. Pyrrole derivatives offer several advantages for liposomal drug delivery systems. Firstly, pyrrole groups can enhance the stability of liposomes by providing increased resistance to enzymatic degradation and premature drug release. The aromatic nature of pyrrole facilitates hydrophobic interactions with lipids, leading to improved bilayer integrity. Additionally, pyrrole modification can increase the physical stability of liposomes, preventing aggregation and fusion during storage and circulation.

## Improved drug stability

Pyrrole modification of liposomes significantly contributes to the stability of encapsulated drugs. The presence of pyrrole moieties

imparts steric hindrance, preventing drug leakage and enhancing the encapsulation efficiency. Furthermore, pyrrole-modified liposomes exhibit enhanced resistance to severe physiological conditions, such as pH changes and enzymatic degradation. This stability is particularly advantageous for drugs that are susceptible to degradation or exhibit poor stability in biological fluids. Pyrrole modification also protects liposomal membranes from oxidative stress, minimizing lipid peroxidation and maintaining the structural integrity of liposomes.

#### Improved bioavailability

Bioavailability, which refers to the fraction of an administered drug that reaches the systemic circulation, is a acute parameter in drug delivery. Pyrrole modification can enhance the bioavailability of liposomal formulations in several ways. Firstly, pyrrole moieties can improve the cellular uptake of liposomes by promoting interactions with cell membranes. The lipophilic nature of pyrrole derivatives facilitates membrane fusion and endocytosis, enabling efficient intracellular drug delivery. This enhanced cellular uptake can be particularly beneficial for drugs with poor membrane permeability or those targeting intracellular compartments.

Moreover, pyrrole modification can enhance the circulation half-life of liposomes. By reducing interactions with opsonins and Reticulo Endothelial System (RES), pyrrole-modified liposomes can evade rapid clearance by the immune system, leading to prolonged systemic circulation. This extended circulation time allows for improved drug accumulation at the target site and enhanced therapeutic efficacy.

Furthermore, pyrrole modification offers the possibility of active targeting. Functionalizing pyrrole-modified liposomes with ligands or antibodies specific to target cells or tissues can facilitate selective drug delivery, minimizing off-target effects and maximizing therapeutic outcomes. These ligands can be attached directly to the pyrrole groups on the liposomal surface, providing an efficient and site-specific drug delivery approach.

## Conclusion

Pyrrole modification of liposomes presents a capable approach for improving drug stability and bioavailability. The incorporation of pyrrole derivatives enhances liposomal stability, protecting encapsulated drugs from degradation and premature release. Additionally, pyrrole modification improves the bioavailability of liposomal formulations by enhancing cellular uptake, extending circulation half-life, and enabling active targeting.

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