



Short Note on Crossed Eyes

Akhila Sabbineni^{1*}

Abstract

Crossed eyes, also called strabismus, it is a condition in which your eyes do not line up. If you have crossed eyes, your eyes look in different directions. And each eye will focus on a two different object.

The condition is usually common in children, but it can also occur later in life. In older people, children and adults, crossed eyes can be caused by a variety of underlying medical conditions, like cerebral palsy or stroke.

Crossed eyes can usually be treated with corrective lenses, surgery, or a combination of both.

If you have strabismus, your eyes might point inward or outward or focus on different directions. You might also have impaired vision, double vision, decreased depth perception, eyestrain, or headache.

Keywords

Impaired vision, Double vision, Strabismus

Crossed eyes occur due to nerve damage or when the muscles around your eyes don't work together because some are weaker than others. When your brain receives a different visual message from both eye, it ignores or cannot receive the signals coming from your weaker eye.

Crossed eyes are common in children. Often the underlying cause is unknown. Infantile esotropia is a type of crossed eyes that is seen in babies during their first year of life.

Esotropia runs in families and usually requires surgery to correct. Acquired esotropia occurs in children usually between the ages of 2 and 5. Eyeglasses can usually correct it.

Crossed eyes can also occur later in life. It is often caused by physical disorders, like eye injuries, cerebral palsy, or stroke. You may also develop crossed eyes if you have a lazy eye or farsighted

Treatment

The treatment recommended for crossed eyes will depend on the severity and underlying cause of your condition. If your crossed eyes have resulted from a lazy eye, your doctor may have you wear a patch over your stronger eye to force the muscles of your weaker eye to work harder.

Other effective treatments include eye exercises, corrective lenses, such as eyeglasses or contact lenses, surgery on the eye muscles, particularly if corrective lenses have-not corrected the condition.

If the crossed eyes are caused by another medical condition, like brain tumor or stroke, your doctor may suggest medication, surgery, or other treatments.

Causes

Your symptoms may appear only when you are tired or not feeling well.

*Corresponding author: Akhila Sabbineni, Department of Microbiology, Andhra University, Vishakhapatnam, India. Mobile: 9676564777; E-mail: akhilasabbineni777@gmail.com

Received: July 20, 2020 Accepted: July 24, 2020 Published: July 27, 2020.