



The causes and treatments of white chicken skin like bumps under the eyes

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Introduction

The white bumps under the eyes are harmless and will go away on their own. However, anyone who is concerned about their appearance can consult experts in dermatology. Although bumps and lumps under the eyes are common, they may trigger fears of cancer, a serious infection, or a condition that may disfigure the eye. Tiny white bumps can be or look similar to chicken skin under the eyes. Although it is important to contact a specialist for any skin growth that does not go away, these bumps are usually harmless. The most common causes of white bumps under the eyes include the following.

Milia

Milia are tiny, harmless white cysts. They form when keratin, which is a protein in the skin, becomes trapped under the skin. This causes small white bumps. Milia may look flat or same as tiny whiteheads, and they often appear in rows. Some other indicators of milia include:

- Very small white or skin colored bumps
- Bumps that are slightly swollen
- Pointy bumps

Syringomas

A syringoma is a harmless growth in a sweat gland. These can be white, yellow, skin colored, pink, or brown, and they often appear in clusters under the eyes or cheeks. Syringomas do not normally cause pain. They are more often in women than in men. Sometimes, they grow larger or create large clusters, but they are otherwise harmless. Some other indicators of syringomas include:

- Small, fleshy growths under the eyes
- Growths that are flat
- Growths that are irregularly shaped
- Growths that appear in groups

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Styes

A stye is a flushed, painful bump that will often look like pimple. These develop when the hair follicle becomes infected. Styes often appear on external surface of the eyelid, causing a pimple-like mass with a head. They can also form deep in the eyelid, which may cause swelling.

Chalazia

A chalazion is a bump formed due to a clogged oil gland. Unlike a stye, a chalazion does not indicate an infection. Chalazia may last much longer and sometimes appear after styes go away. Both styes and chalazia typically cause just a single lump, but a group of styes or chalazia may sometimes grow and look similar to chicken skin.

Cancer

A new growth on the eyelid or around the eye may be a symptom of cancer. This is often skin cancer that affects the eye. Cancer is the least likely culprit when bumps develop under the eyes, but if a bump grows, bleeds, or does not go away on its own, it is important to contact a specialist to rule out cancer.

Conclusion

The development of bumps under the eyes can concerning. Some people will worry about how the bumps will affect their appearance. In many cases, these bumps go away on their own, there are many safe options available for removing them. In rare cases when a bump may be cancer, taking prompt medical care can reduce the risk of serious illness or death.

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