

The effectiveness of colorpuncture in the treatment of anxiety

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Abstract

Colorpuncture is a non-invasive technique, derived from chromo-therapy, which uses Acupuncture points in a therapeutic way, aiming at the body's energy balance. Created in Germany by Peter Mandel, it combines knowledge of Traditional Chinese Medicine and other fields of Western knowledge. The applications are of micro beams of colored light, where there are the colors called hot and cold, corresponding respectively to the toning and sedative effect, replacing the use of acupuncture needles.

Biography

Renata V graduated in physiotherapy from Universidade Santa Cecília with specialization in Advanced Acupuncture and Aesthetic Acupuncture. Postgraduate degree in Obesity, Weight Loss and Health from Universidade Paulista de Medicina. Minister of Education in Acupuncture and Oriental Medicine, Colorpuntura, Acupuncture, Ventosaterapia e Acupuntura Estética. She founded the ACUS Acupuncture Clinic in 2004, with the goal of inspiring and connecting all people who want a world with more quality of life, health and well-being.



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