

## The role of psychosocial support for women with breast cancer of the reproductive period

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### Abstract

**Statement of the Problem:** Women, since breast cancer has first been diagnosed, show several negative psychological and emotional responses. Women with breast cancer need psychological support, especially when they are in their reproductive period.

**Purpose:** The aim of this paper is to highlight the importance of psychological and emotional support for women of the reproductive period who have been diagnosed with breast cancer.

**Methodology & Theoretical Orientation:** The methodology and the material include searching and reviewing research studies through electronic databases in recent years.

**Findings:** Women suffering from breast cancer need psychological, psychosocial and emotional support to manage critical issues related to their illness. Psychosocial support is allegedly of great importance to the particular group of women in order to respond to the difficult conditions created by the disease itself, the treatment, the surgery that most often implies the mutilation of all or part of the breast. Psychosocial support aims to increase the quality of life of women, management of emotions, anxiety, treatment complications, etc.

**Conclusion & Significance:** The psychosocial support of women increases their quality of life, reduces their burden, enhance and strengthen their family role.



### Biography:

Charos Dimitrios, MA, studied Midwifery at the Technological Educational Institute of Athens and then furthered his studies in Psychology at the University of Crete. At first, he worked as a male midwife and then as a psychologist in the sector of drug addiction and later at "Agios Savvas" Oncology Hospital. At the same time, he teaches at the Department of Midwifery at the

University of Western Attica and has published articles in journals and presented most of them at medical conferences. Since 2018 he is a PhD student at the University of Western Attica. Finally, he is well trained and specialized in various fields of psychology and psychotherapy.



### Speaker Publications:

1. Keyzer-Dekker CM, de Vries J, Mertens MC, Roukema JA, van der Steeg AF. The impact of the diagnosis and trait anxiety on psychological distress in women with early stage breast cancer: a prospective study. *Br J Health Psychol*. 2014;19(4):783-94.
2. Cordova M, Giese-Davis J, Golant M, Kronenwetter C, Vickie C, Spiegel D. Breast Cancer as a Trauma: Posttraumatic Stress and also Posttraumatic Growth. *J Clinical Psychological in Medical Settings*. 2007;14(4):308-319.
3. Hill J, Holcombe C, Clark L, Boothby MR, Hincks A, Fisher J et al. Predictors of the onset of depression and also anxiety in the year after diagnosis of breast cancer. *Psychol Med* 2010, 41:1429-1436.

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