



## Tissue Stabilized-Guided Subcision® (TS-GS): A revolutionary mini-invasive treatment for cellulite blemishes

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### Abstract:

**Introduction:** In October 2016, I started, as one of the first in Europe, my experience with Cellfina®, a Tissue Stabilized-Guided Subcision® (TS-GS), a new procedure that represents the only FDA-cleared minimally invasive and clinically proven treatment to improve the cellulite blemishes for nearly four years in only one session.

**Materials and Methods:** We report our experience of 80 patients (78F; 2M) with cellulite treated in a single session, selected and classified with a simplified Cellulite Severity Scoring (CSS). Follow-up was scheduled after 7 days (T7) and 14 days (T14) for all the 80 patients; after 30 days (T30) for 77 patients; after 90 days (T90) for 72 patients; after 180 days (T180) for 65 patients; 50 patients (49F; 1M) had a medical check at 12 months and 15 months; 3 patients (2F; 1M) at 18 months.

**Results:** The procedure treated successfully the primary structural cause of cellulite blemishes in all the 80 patients with a range of 15-30 sites in 74% of cases, 6-14 sites in 15% and 31-55 in 11%. Concerning patient's satisfaction at T90, 64 patients (88,89%) out of 72 were very satisfied (score of 5) and satisfied (4) while 8 patients (11,11%) were neither satisfied nor dissatisfied (3).

**Discussion:** This revolutionary FDA-cleared procedure combines a proven approach with an innovative technology to treat the primary structural cause of cellulite blemishes in posterior highs and buttocks. This study confirms safety and efficacy with vacuum-assisted precise tissue release for the treatment of cellulite, which is also strengthened by patient's satisfaction.



### Biography:

Roberto Dell'Avanzato is Specialist in Surgery with an University Master in Aesthetic Medicine and Surgery; Professor of Laser and Laser Assisted Liposuction, San Marino University (San Marino); University Diploma in Laparoscopic Surgery, Louis Pasteur University of Strasbourg (France); Honorary Member of the Israel Academy of Beauty; Honorary Member of the Italian Academy of Beauty; Certificate of excellence awarded from the Pakistan Medical Association.

### Publication of speakers:

1. Roberto Dell'Avanzato, International Journal of Current Research. 2018 Feb;10:64986-64989
2. Roberto Dell'Avanzato, Dermatol Surg. 2015;41(3):336-347
3. Roberto Dell'Avanzato, J Clin Rev Case Rep. 2018 Jan;3(1):1-4

World Cosmetology and Beauty Expo | March 19-20, 2020 | London, UK

**Citation:** Roberto Dell'Avanzato; ENDOLIFT Laser and Ultherapy® for the best face, neck and body non-surgical lifting; Cosmetology 2020; March 19-20, 2020 | London, UK