

Journal of Aging and Geriatric Medicine





Triple dermal cosmetological approach to struggle definitively diverse types of Lichen Planus in Man and Woman

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## Abstract:

Lichen planus is an inflammatory skin condition, characterized by an itchy, non-infectious rash on the arms and legs, and even hair scalp, vulva in woman, nails or oral mucosae. Even if an exorbitant number of skin specialists believe it might be an autoimmune disease, the exact causes of lichen planus are not yet ascertained. Many are the researchers who assert that people with hepatitis C, people who abuse FANS, antihypertensive and anti-arthritic drugs, nicotine addicts and individuals who have in their mouth ancient dental amalgams are more prone to contract lichen planus. Routine remedies dermatologists generally administer to patients are antihistamines, phototherapy with ultraviolet (UV) light, steroid ointments to abate inflammation and redness, creams and/ or pomades containing drugs apt to reduce the immune response, steroid tablets to be taken orally, just in case the patients show more severe symptoms, or when creams and ointments are not effective at all and cyclosporin capsules that can reduce the activity of the immune system, that may be taken only in extremely severe cases.

Availing of drastic antimicrobial and antiseptic principles, since there is a neat evidence that when Lichen planus affects, especially mucosa, a vivid microbial colonization is retrievable, and for, we have a fluid emulsion extremely rich in some peculiar organic acids as glycolic, mandelic, pyruvic and salycilic, (and some of which are alpha and beta hydroxyacids), panthenol, bisabolol, allantoin and silver citrate, chlorhexidine digluconate and finally niacinamide.

# **Biography:**

Lorenzo Martini born in 1963 graduated magna cum laude in Pharmacy at the University of Siena (IT) in 1985 and post-graduated magnacum laude in Cosmetic Chemistry and Technologies at the University of Mailand, 1987. More than 200 scientific publications and issues, has been directing a big national cosmetic holding for decades can show several international patents and besides,



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### Publication of speakers:

- 1. Lorenzo et.al, Our Dermatol Online. 2018;9(2):207-209
- 2. Lorenzo et.al, Our Dermatol Online. 2018;9(1):22-24
- 3. Lorenzo et.al, JOURNAL OF ENTOMOLOGICAL AND ACAROLOGICAL RESEARCH, 43(2), 261-267
- 4. Lorenzo et.al, Our Dermatol Online. 2017;8(1e):e1.
- 5. Lorenzo et.al, Rom J Clin Exp Dermatol. 2015;2:17-22

### World Cosmetology and Beauty Expo | March 19-20, 2020 | London, UK

**Citation:** Lorenzo Martini; Triple dermal cosmetological approach to struggle definitively diverse types of Lichen Planus in Man and Woman; Cosmetology 2020; March 19-20, 2020 | London, UK