

What do we need to know to prevent and control nosocomial infections completely?

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Abstract

Introduction: Nosocomial infections are a widespread problem around the world. Nowadays, only 1/3 of nosocomial infections can be prevented with the infection control programs. The other 2/3 cannot be prevented. In the USA, 31 billions of dollars are spent in the treatment of nosocomial infections per year.

Purpose: The purpose of this study is to demonstrate how this 2/3 of nosocomial infections could be controlled with the use ancient medicines reasoning such as traditional Chinese medicine and Hippocrates theories. Another goal is to make evident the possible economy to healthcare when using these techniques and tools in the treatment of nosocomial infections.

Methods: The methodology used was a review of studies, such as those presented by Hippocrates (“Natural forces within us are the true healers of disease”), as well as others from oriental medicines, which comprehend the disease as originated from three factors: external (exposure to cold, heat, humidity, wind and dryness), internal (emotional) and dietary.

Findings: When comprehending the patient in a broader view, considering the energy imbalances of Yin, Yang, Qi, blood and heat retention and preventing invasion of external factors, it is possible to control and prevent better more nosocomial infections.

Conclusion: The 2/3 of not controlled nosocomial infections cannot be prevented because of the reasoning used in the treatment of infections in western medicine. When using ancient oriental medicines reasoning, a different thinking can be used. According to Einstein, “We cannot solve our problems with the same thinking we used when we created them.”

Biography

Huang Wei Ling, born in Taiwan, raised and graduated in medicine in Brazil, Specialist in infectious and parasitic diseases, a General Practitioner and parenteral and enteral Medical Nutrition Therapist. Once in-charge of the Hospital Infection Control Service of the City of Franca's General Hospital, she was responsible for the control of all prescribed antimicrobial medication and received an award for the best paper presented at the Brazilian Hospital Infection Control Congress in 1998. Since 1997, she has been presenting her work worldwide, working with the approach and treatment of all diseases of all systems of the human body in a holistic way, with treatment guided through the teachings of traditional Chinese medicine and Hippocrates.



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