

## Which could be the underline causes behind chronic nose-bleed?

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### Abstract

**Introduction:** Nosebleeds that recur often are commonly caused by bleeding from the front of the nose. There are causes for acute (picking the nose, structural problems in the nose, allergies, medications, humidity, etc.) and chronic nosebleed (rupture of the blood vessels, polyp or tumor in the nose or sinuses, health conditions leading to abnormal blood clotting, etc.). In traditional Chinese medicine (TCM) nosebleeds are usually due to Heat retention in the Blood.

**Purpose:** to demonstrate that patients with chronic nosebleed could have energies alterations leading to retention of Heat, as well as it could be caused by deficiency of chakras energies meridians leading to this Heat retention. The treatment of these patients should be individualized and the manifestation of nosebleed could be only the symptom that a systemic energy imbalance should be treating to correct in a deeper level the root of the problem and not just treat the symptoms.

**Methods:** through one case report, A.L., 7-year-old female patient, with a history of chronic nosebleed since 6 years ago. She underwent various consultations with otorhinolaryngologist and pediatrician that suggested her to do local cauterization. Her uncle sought ancient medical tools to treat her and the Chinese physician orientate her to avoid the ingestion of dairy products, cold water, raw foods, sweets and also, fried foods, chocolate, eggs, honey, coconut. For her surprise all these foods were very common in her diet, mainly in the meal that she usually buys in the school that all foods are made by dairy products, melted cheese and chocolate. She did auricular acupuncture with apex ear bloodletting twice a week. Chakras energies meridians centers were measured through radiesthesia procedure that showed all chakras in the lowest level of energy (rated one out of eight). The replenishment of these chakras was done using highly diluted medications according to Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine.

**Results:** the patient improved quickly with the treatment done and never had nosebleed again.

**Conclusion:** to treat patients with chronic nosebleed, it is important to understand that this is only a symptom but the cause could be in the energy level, invisible by the naked eye. The correction of all the factors leading to the energy imbalance and aggravating the formation of Heat should be done and the replenishment of the chakras energies meridians was also important to prevent recurrence of chronic nosebleed symptoms.

### Biography

Huang Wei Ling, born in Taiwan, raised and graduated in medicine in Brazil, specialist in infectious and parasitic diseases, a General Practitioner and Parenteral and Enteral Medical Nutrition Therapist. Once in charge of the Hospital Infection Control Service of the City of Franca's General Hospital, she was responsible for the control of all prescribed antimicrobial medication and received an award for the best paper presented at the Brazilian Hospital Infection Control Congress in 1998. Since 1997, she has been presenting her work worldwide, working with the approach and treatment of all diseases of all systems of the human body in a holistic way, with treatment guided through the teachings of Traditional Chinese Medicine and Hippocrates.



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