

Wound Healing using Honey Dressing and Melolin

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Abstract

Wound healing is challengeable even in age more than 60 years old bed bound patient wound healing more challengeable. In my hospital I have to cope with numerous pressure ulcer patients who are debilitated and exhausted. One of the patients who is having cancer in the spinal cord referred to the wound care clinic for wound management. Initially the wound was sloughy and heavy exudate with unbearable odour. First of all, we need to debride the dead tissues and start antibiotics. We all know surgical debridement is the gold standard method but unfortunately we could not perform it due to his low platelet count and HB level. Therefore, I selected honey for debridement with melolin as a secondary dressing. Simultaneously we started a high protein diet and zincovit as supportive treatment. Initially the swab culture report revealed heavy bacterial growth. Afterwards, antibiotic therapy started with medical advice. Above-mentioned dressing selection continuously maintained until the wound got better and out of its danger. When continuing honey dressing, the culture report clearly indicates reducing wound infection. Honey and other supportive treatment methods can progress wound healing with better clinical condition.

Biography

Supun Prageeth Samarakoon completed a 3-year diploma in nursing in 2007 at the School of Nursing, Colombo. In 2015, he graduated from the Malaysian Enterostomal Therapy Education Program and started his career as a wound care nurse. He has presented at many conferences in Singapore, Malaysia, South Africa, and the United Kingdom.



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